

Heart of Eden - November 2020

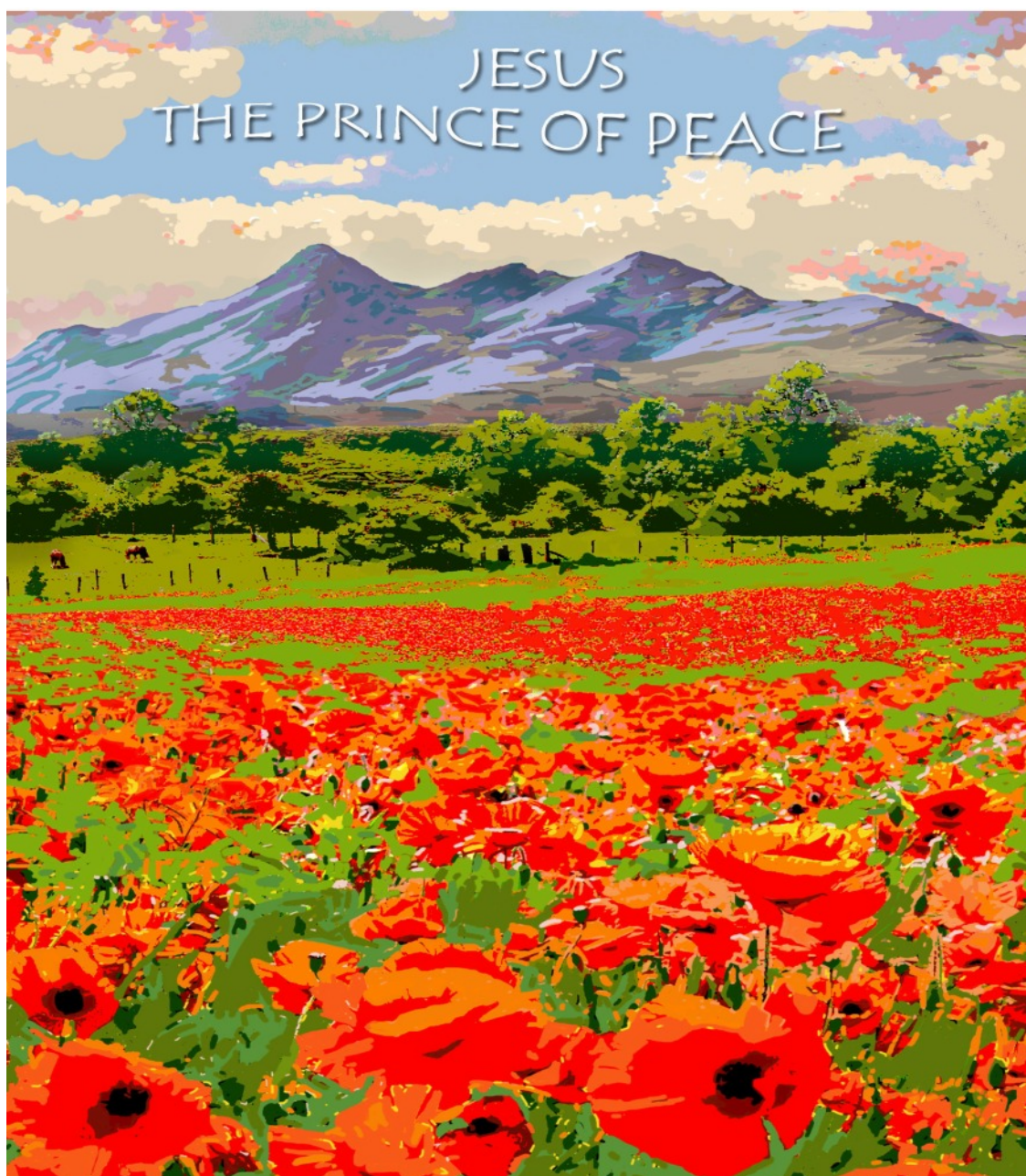
THE NEWS MAGAZINE OF THE HEART OF EDEN

BENEFICE

St. Lawrence, Appleby and St. John, Murton-cum-Hilton; St. James, Ormside; St. Peter, Great Asby;

St. Cuthbert, Dufton; St. Margaret & St. James, Long Marton; St. Cuthbert, Milburn; St. Columba, Warcop & St. Theobald, Musgrave; St. James, Temple Sowerby; St. Michael, Kirkby Thore & St. Edmund Newbiggin.

We also bring information from the council, local voluntary organisations, clubs and associations, buses and trains, events at the villages of the Mid-Eden Valley, and we are partly supported by the firms whose advertisements follow the news items.



November is a month when we remember with thankfulness those who made the ultimate sacrifice for us in conflicts past, whose legacy bestows on us all the blessings of life we enjoy today. These expressions of thankfulness and remembrance will be very different this year, but no less heart felt. I wonder if we can extend that thankfulness and remembrance to others who have paid the ultimate price in the service of their communities? All those in the NHS, carers and emergency responders who have lost their lives as they tried to protect and help us this year – far too many. We also remember the many essential workers who have bravely done their duty in the face of great risk to themselves and their families, who perhaps, even if they haven't died, had long periods of isolation from their loved ones in order for them to work for us, or who have themselves become ill in the exercise of their duty. There are so many to honour and remember this year. As we do, we remember the human spirit is capable of great and heroic acts and we should celebrate that courage too.

I also pay tribute to the fantastic efforts of ordinary church members throughout the Eden Valley who have worked so hard to get our churches open again. The precautions being taken to make it safe to worship in our churches are very comprehensive and stringent. If you have not ventured out to your local church yet, be reassured you are visiting an incredibly safe environment.

Worship, saying our prayers together celebrates our common humanity and the precious gift of human life as children of God. We can still mark those life events of the greatest significance in a church service, but currently there are considerable restrictions. A maximum of 30 people may attend a funeral in church (though in some churches it may be less to allow social distancing), 15 for a wedding and 30 for a baptism (though in some churches it may be less to allow social distancing). However, the Bishop of Carlisle is asking us to really think about whether life events such as baptisms should proceed at the moment. But despite all the difficulties the churches of our Mission Community are working every day to serve and be there for you.

Rev Peter Boyles

Church Registers (October)

Marriage: we congratulate

21st Nigel Robinson & Catherine Smith St Theobald's, Great Musgrave

Funerals May she rest in peace and rise in glory:

19th Rosemary Ann Cowell Appleby (Carlisle Crematorium)

Church of England:

Rector: Rev. Dr. Clive Hicks

☎ 017683 62436

Associate Priest: Revd Peter Boyles

☎ 017683 54161

Retired Priest: Rev. Roger Collinson

☎ 017683.52886

For (C of E) wedding bookings contact Joyce Keetley, Office Manager, email: applebymc@carlisle-diocese.org.uk

and for baptism bookings contact the Revd Peter Boyles email: peterboyles@hotmail.co.uk

Methodist Minister:

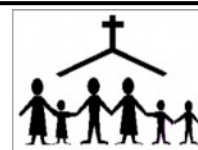
Rev. Andrew Sterling:

☎ 017683 51244

Roman Catholic Parish Priest (Our Lady of Appleby) Church

Fr. Peter Houghton

☎ 017683 51474



Advertising

We are not taking small ads, and the existing adverts will be run gratis for the duration

Other matter for inclusion (church or village news, etc.) Deadline 25th of the preceding month

We are very grateful for the generous donations made by various groups and individuals towards the running costs of this Newsletter. We would welcome articles (and front cover photographs - the editor gets desperate for something new) relevant to the time of year, book reviews, travel articles, etc. Please send them to the editor

(heart-of-eden-editor@hotmail.co.uk)

Newsletter Delivery

As delivery of this newsletter is strictly by the editor's list of email addresses, and as a link from "A Church Near You" (<https://www.achurchnearyou.com/church/12199/>), if you or anyone wishes to read it, please get in touch with the editor for a copy, or follow the link.

Heart of Eden Benefice

Each church in the Heart of Eden Benefice that opens will have prepared a risk assessment, so that any attending will feel confident that their health is being taken seriously. Social distancing at 2 metres, the use of hand sanitiser, careful directions and guidance will be at the heart of this. Everyone must wear a face mask. We also support 'Track and Trace' by taking brief contact details (and retaining them for 21 days).

Where risk assessments are in place we can now hold funeral and wedding services, but numbers are restricted depending on the size/layout of each church building. Guidance from the government is being reviewed and updated each month, in line with specific concerns about coronavirus, so there may be further changes during August.

A few of our churches are also opening for short periods for individual prayer and general access - see back page. Details of services will appear on the individual church sites found via this "A Church Near You" web-page.

Visit <https://www.achurchnearyou.com/church/12199/benefice>

The contacts given on the respective pages for each church can also advise on baptisms, funerals and weddings. You will also find other information from the churches and Benefice - these are updated each month. We'd welcome your enquiries about anything that is of concern to you.

Of course other churches in the Eden Valley will have different patterns of opening.

Mission Community (on YouTube) - adapted, from Stewart Fyfe, Mission Community Leader

Our YouTube Channel has relaunched with a different format. Consequently the last full length Sunday service was in September. It featured Clive Hicks and Stewart Fyfe and is still available on our channel (click here to view). We are enormously grateful to everyone who has contributed photographs, music, films, readings and prayers to sustain our worship over lockdown, from Mothering Sunday right through to Autumn. It has been an amazing shared journey of creativity. Thank you. But it doesn't end...

Now our format has changed and we're very excited about the changes. We will continue to provide a weekly act of worship, though simplified in format. It will contain the week's Bible readings, a reflection on the readings and some prayers.

However, the main content will develop over time to include a variety of new material, including:

- " Reflections for home/study groups
- " Teaching material on various aspects of the faith, of interest to Christians and inquirers
- " Spiritual resources on prayer, as well as encountering God through music or art.
- " Material for children that can be used at home, in Sunday Schools or school assemblies
- " Conversations and talks with local Christians about living the Christian life beyond Sundays

It will take time to develop these fully, but we are very excited about bringing them to you, so please stay tuned and keep subscribing. If there is material you would like to see on the channel, please let us know.

God bless

Stewart

St. Lawrence, Appleby

Churchwarden: Jean Hutchison
Secretary: Jo Ayres (52017)



St. Peter, Asby

Churchwarden: Mrs. P. Bevan ☎ 53433
Secretary: Karen Royle ☎ 07966.371044

Now open for Sunday services and private prayer, see back page

St. Cuthbert, Dufton

Churchwardens: Mrs. Gillian Bryan ☎51414
Mrs. Shelagh Endres ☎52855
Secretary: Mrs. Louise Stewart



St. Michael, Kirkby Thore

Churchwardens: Margaret Davidson ☎017683.61699
Maeve Moore ☎017683.62005
Secretary: Liz Higginbottom ☎017683.62910



SS. Margaret & James, Long Marton

Churchwardens: Mrs. Josie Cannon ☎017683.51386
(Acting) Mr. Lutaf Greenshaw ☎07802254982



St. Cuthbert, Milburn

Churchwardens: Mrs. E. Godfrey ☎61007
Mr. Leigh Harding ☎0333.014.3944
Secretary: Christine Braithwaite



St. John, Murton cum Hilton

Churchwarden: Jean Hutchison)
Secretary: Jo Ayres ☎52017



St. Edmund, Newbiggin

Churchwardens:
Mrs. M P. Sawrey-Cookson ☎61574
Mrs. Marsh ☎51098



St. James the Less, Ormside

Churchwardens: Margaret Parry ☎51043
Secretary: Richard Parry ☎51043



St. James, Temple Sowerby

Churchwardens: Anne Farmer
Angela Cleasby
Secretary: Helen Morgan



St. Theobald, Musgrave

Churchwarden: John Alderson
john.alderson65@gmail.com



St. Columba, Warcop

Churchwarden: Sheila Morbey
sheila.morbey@btinternet.com



OUR SISTER CHURCHES

Roman Catholic Church of Our Lady of Appleby,
Gartheads Road, Appleby

Fr. Peter Houghton ☎51474

Methodist Church

Rev. Andrew Sterling ☎51244
General Enquiries Linda Taylor (53448)



NEWS FROM THE AREA

Age UK - Carlisle and Eden

For information just ring Pat Mchugh on 07958936694.

Boxes of Hope

This is just to let everyone know that I am pleased to say the Boxes of Hope 2020 campaign is going ahead this year, but I don't think it is going to be possible to have a box packing day like we have done other years at the Sands Methodist Church so I think the best will be if I will pack the boxes at home.

Items suitable for boxes are soap, facecloth, toothbrush, toothpaste, hair brush/comb, notebook, colouring book, pen, **(no pencils or crayons needed this year as I have had a lot donated)** rubber, ruler, pencil sharpener, hat, scarf, mittens or gloves, socks, soft toy, ball, knitted glove puppet, toy car, doll, skipping rope, yoyo etc. Sturdy toys please, as these children are not used to toys and do not have the manual dexterity, sweets (use by date at least March of next year). **All items should be in new or in good condition and clean**

Donations of money to help with the transportation of the shoe boxes are also welcome.

If you are able to donate items please contact Evelyn Harrison 017683 53081 or Anne Bell 017683 51547 b.annbell@btinternet.com

Brownies

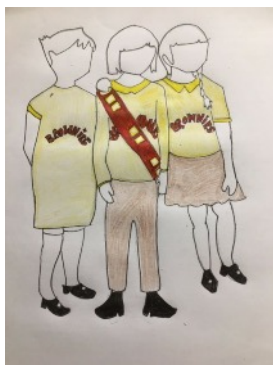
If you are interested in joining

Brownies in Appleby, please

contact Alison Taylor (Brown

Owl) on 017683 61241

squidgums@hotmail.com



Heart of Westmorland Bereavement Support Group

For more information please contact: Kevin Robinson – 017683 51569 or Revd Sandy Pearl – 01931 714564

Cancer Information and Support in Eden

Regrettably, in view of the Coronavirus/lockdown situation, meetings are currently cancelled, but if anyone needs support and advice,

support and advice is available from U+0052osie on ☎ 017683 52263

Citizens Advice Carlisle & Eden

Citizens Advice Carlisle & Eden needs YOU! The Citizens Advice service is looking for volunteers to train to be advice workers in the Eden area.

Citizens Advice Carlisle and Eden ask volunteers to give a regular one day a week over an extended period of time. We need volunteers to train as Advisers and also as Advice Assistants and Business Support roles. Whilst specific qualifications or experience are not required, to train for the role volunteers need to be good at listening, have a good manner when talking to people, be open minded and non-judgmental and enjoy helping people. It is also necessary to have competent skills in using a computer. All volunteers are given free training appropriate to their role which might include how to assess people's needs, either face-to-face or over the phone, and identify the most appropriate course of action. Volunteer Expenses are paid.

If you are interested in volunteering, please send an email to volunteer-recruitment@ca-ce.org.uk with a daytime telephone number, or visit our website www.ca-ce.org.uk and complete the form or call 03300

563037 to leave your details. Alternatively you can call in to our office at 2 Sandgate, Penrith.

... or if you need to consult your MP...

these are the details:

Christian Hilton / Office of Dr Neil Hudson

MP / Penrith and The Border

01768 484114

or email: [Mail: christianb.hilton@parliament.uk](mailto:christianb.hilton@parliament.uk)

or website: URL: www.neilhudson.org.uk

Eden Carers

Do you care? If so Eden Carers may be able to help you. We are a charity providing free support to unpaid Carers; throughout Eden, who look after a family member, relative, friend or neighbour who could not manage without their help. We support over 850 individuals (170 of whom are young Carers aged 5 to 18 years). We provide statutory carers' assessments; information and signposting; 1 to 1 support; benefit information; newsletters, support groups including after school clubs for Young Carers; social events; training and activities. Contact us on 01768 890280 or enquiries@edencarers.co.uk Let us help you care.

Inner Wheel

Some time ago Jenny Morgan kept a wheelchair owned by Appleby Inner Wheel, which could be borrowed by anyone locally. That hasn't been able to happen for a while but we now have two manual wheelchairs for that purpose. They are kept at my house, 15 Boroughgate, and can be borrowed for a nominal deposit of £10. If the borrower cares to make a donation to Inner Wheel Charities after the loan, that would, of course, be welcomed.

My contact phone number is 017683 53324. Gillian Whiting, Secretary, Appleby Inner Wheel

Meals on Wheels - Volunteers Needed

We are looking for some volunteers to help deliver Meals on Wheels in the town of Appleby one lunchtime each month.

We are a friendly, flexible team who deliver a hot meal and a pudding to clients on Mondays to Fridays.

We will arrange for your DBS (Disclosure and Barring Service) forms to be completed, checked and issued and as long as you have a vehicle for deliver you'll be 'good to go'.

Please contact Dot Anderton 52389, or Kath Martin 51031.

Sadly, we are not able to deliver meals presently, but please let us know if you are interested in helping.

Upper Eden Food Bank

We have just this week held a 'socially distanced' AGM. At that meeting, as you can imagine, we explained how we have been kept very busy over the past few months. Not only with the ongoing referrals but more specifically we have been privileged to help many families on a weekly basis in providing lunches for their children. Financial hardships due to Covid have affected many, as not everyone has been able to benefit from the 'furlough' scheme and also having the children at home with no school lunches has proved difficult for some. We do thank everyone who has helped with this, especially Appleby Co-op. We were also grateful to the Booktrust who donated some lovely reading books to give to the children.

We are at the minute grateful to various Harvest donations and so at present our stocks are good and there is nothing we are particularly short of.

Our thanks are extended to everyone who continues to support the food bank.

With the situation as it is, Citizens Advice are now asking that if you know of anyone, or you yourself are now finding you can't afford food, you can call 0808 2082138 for free (open Mon to Fri 9am to 5pm). If needed, they would issue a reference number. This would all be treated in strict confidence of course.

All details can be found on the UEFB website.... upperedenfoodbank.org.uk or by calling 07596 690902

Other UEFB contacts:

website URL: www.ksaandtcircuit.org.uk

Facebook [upperedenfoodbank](https://www.facebook.com/upperedenfoodbank)

Email upperedenfoodbank@gmail.com

902

☎07596 690

News from the TIC

We are now on winter hours this month, until the clocks go forwards in March.

Winter hours are Monday- Thursday 10am-2pm, Friday 10am-3pm, Saturday 10am-2pm.

Royal British Legion Poppy Sales

The RBL would like to thank all their willing volunteers for their efforts in previous years. In view that doorstep sales are no feasible this year, poppies are available in various shops around the town, and at the TIC. There will also be the usual sale nearer the time at the cloisters. Anyone wanting a wreath should contact Mrs. Forster on ☎0780.450.1224



Penrith and District Red Squirrel Group

Your native red squirrels need you! ecome a member of Penrith and District Red Squirrel Group for £20 a year. If you see a grey, red or sickly red please ring Gary Murphy on 07974788434 Visit our website at www.penrithredsquirrels.org.uk to donate If you would like a talk for your club/group we can arrange them. Coffee mornings and other fundraising events would also help. Find us on Facebook.

Town Council

Moot Hall

In 2018, as part of the Heritage Action Zone project, the Town Council submitted ambitious plans for the reconstruction of the Moot Hall in order to increase its accessibility to the community and to visitors. The application was not accepted, but a revised bid invited. However, events have overtaken us. As a result of further damage to the fabric of the building caused by Storm Ciara in February, the Town Clerk succeeded in securing both recognition that this historic building is 'at risk' and funding for urgent repair work. It is hoped that these will be carried out in 2021.

Remembrance Day and Sparkle Day

The Royal British Legion, in conjunction with the Town Council and St Lawrence's Church, has reluctantly concluded that because of Covid-19 social distancing requirements the usual Sunday parade in honour of the fallen cannot take place. At the time of writing the intention was to hold a ceremony at the Cenotaph at 0930 on 8 November, at which uniformed organisations and the Town Council Recent would be represented, followed by a 1045 church service, with the congregation limited to 30. For the same reason, Appleby will not this year celebrate the last Saturday in November as Sparkle Day.

Thanks in difficult times

Covid-19 restrictions and anxieties will be with us for the foreseeable future. The Town Council would like to thank the community as a whole for adapting to the situation for the most part without complaint, and to local businesses for working hard to keep trading and meet people's needs in very difficult circumstances.

Town Clock

The town clock was out of action for six days in late October because of essential electrical work – some of it involving the clock – taking place in St Lawrence's Church. When it could be restarted (a complex process) it unexpectedly chimed for over an hour, but then settled down to normal working.

Appleby Arrows

The Harry Potter books by J.K. Rowling feature Quidditch, an imaginary aerial game played by witches and wizards on broomsticks. One of the teams is Appleby Arrows; the most recent edition of Rowling's pseudonymous *Quidditch Through the Ages* establishes that the author had in mind Appleby-in-Westmorland. The impact on tourism remains to be seen, but in the meantime those wishing to see real teams playing a real game in impressive style are encouraged to turn out to watch Appleby FC on Broad Close.

BUS TALK

From Friends of Eden Valley Public Transport, using information from Cumbria County Council



Please check www.cumbria.gov.uk/buses for details of timetables.

Please note that you must wear a face covering (over nose and mouth) when using public transport, to give extra protection to the driver and other passengers. Bus operators are also implementing other measures including social distancing and enhanced cleaning measures on buses, in line with Government guidance.

563 Appleby to Penrith (Mon - Fri) service

Departures from Appleby at 9.50, 11.25, 14.25

(and departures from Penrith at 9.15, 10.50, 13.30)

574 Kirkby Stephen to Appleby to Penrith (Tues) service

Departs Appleby at 10.15

(The departure time from Penrith is 14.30)

506 Appleby to Kendal via Penrith (Mon - Fri) service

This service which previously operated in Kendal College term time, for College students and the general public, has been withdrawn. (A new service is being provided for Kendal College students only.)

Community Transport

The Community Wheels service into/out of Appleby on Fridays is now operating, including connecting with the 563 bus to Penrith as normal, although capacity on the Community Wheels minibus is limited due to social distancing requirements. To join the Community Wheels scheme or book a journey on the minibus, phone Cumbria County Council on 01228 226428. The Voluntary Social Car Scheme covering Appleby, Bolton, Temple Sowerby and Milburn is operating with a limited number of drivers - if you would like to use this service please contact Valerie Kendall on 017683 53159. For any other essential transport, contact Cumbria County Council on 0333 240 69 65 (option 5) or send an email to integratedtransport@cumbria.gov.uk

Need help with transport?

Voluntary Social Car Scheme

APPLEBY & BOLTON

TEMPLE SOWERBY & MILBURN

The Voluntary Car Scheme provides transport to Cumbrian residents of any age (under 18's must be accompanied by an adult) who cannot make their journey by public or private transport.

Typical journeys include getting to the shops, doctors, dentists, making public transport connections and visiting friends.

Passengers pay a contribution towards the cost of the transport. If two people or more travel then the fare is shared between them.

If you would like to make use of this service or are interested in driving for the scheme, please contact:

Valerie Kendall on 017683 53159

[facebook.com/Cumbriacc](https://www.facebook.com/Cumbriacc)

cumbria.gov.uk/voluntarycarscheme

Serving the people of Cumbria

Appleby Clubs, etc.

Lights...Camera...Appleby! 1917 (15) Saturday 7th November Appleby Public Hall

Synopsis: WW1 April 6th, 1917. As a regiment assembles to wage war deep in enemy territory, two soldiers are assigned to race against time and deliver a message that will stop 1,600 men from walking straight into a deadly trap.

Food: Venison in red wine pie served with braised red cabbage from Low Howgill Butchers and Deli of Appleby. Vegetarian option also available. Tickets £12.

Due to Covid-19 restrictions, we are limited to a maximum of 30 in the hall. There will only be 24 tickets for sale as we will need 6 volunteers to look after you. So there will be NO film-only tickets available.

Doors open 5.45pm, food served 6.15-6.30pm. Film screening 7pm. Pay bar and interval ice-cream from the Jersey Ice Cream Farm, Melkthorpe. Food and drink will be served at the table.

After a very successful restart to our cinema events in October, we are stepping cautiously ahead. In order to keep our audience and volunteers safe, strict COVID-19 security terms & conditions will apply. Details will be on the back of your tickets and will include compulsory face mask, use of hand sanitizer and social distancing:

Tickets must be booked in advance, available from Appleby Tourist Information Centre. For further information please tel: 07903 858093 or email: courtyardgallery@btconnect.com

Make Remote cinema night your regular monthly social. All profits support further film and cultural events for Appleby.

Remote in Appleby is run by volunteers and is a not-for-profit organisation. Remote Cinema is a scheme funded by the Big Lottery and offered to villages in Eden, by Eden Arts and Cine North. Follow us on our Facebook page: Appleby Remote Cinema Scheme



Health and Heritage walks in the Westmorland Dales.



Please come along and enjoy our circular weekly walks around the Westmorland Dales on Wednesday mornings from 10am-12pm. These walks are aimed at local people to avoid unnecessary travel and will be limited to 6 including a guide and will follow Covid-19 secure procedures. They will take in fabulous views, history and wildlife and be approximately 4 km. The first walk will take place in Great Asby on 28th October and the second from Orton on 4th November and weekly thereafter. Booking is essential. If you would like to register your interest in these walks please contact the Westmorland Dales Team. If demand is high we may add in additional walks. If you would like further information visit our events page at www.thewestmorlanddales.org.uk or email: westmorlanddales@fld.org.uk or ☎: 01539 756624.

Traditional Farm Building Conservation Grant

A new grant scheme has been launched by the Westmorland Dales Landscape Partnership and Yorkshire Dales National Park Authority offering financial support to local landowners and farmers within the Westmorland Dales to carry out conservation work on a number of traditional farm buildings. These buildings are a distinctive feature of the Westmorland Dales landscape but they are also one of the most vulnerable types of historic building in the area. With dramatic changes in farming practices over the last 50 years, many farm buildings are now redundant and have therefore been demolished, left to decay or converted to other uses. A small number of grants are now being made available to assist with restoration work to save these important cultural assets, raise their profile and help to reveal their importance to the heritage of the Westmorland Dales.

The Traditional Farm Building Conservation Grant scheme is now open for expressions of interest, with a deadline of Friday 4th December 2020. Visit the Westmorland Dales website www.thewestmorlanddales.org.uk for guidance on grant criteria, application forms and contact information. If you would like to discuss this further, please get in contact with Hannah Kingsbury, Cultural Heritage Officer, on 01539 756624 or Hannah-Kingsbury@fld.org.uk

Love your Landscape Grant

This small grants scheme is aimed at local organisations, schools or community groups within the Westmorland Dales to deliver small scale landscape and heritage projects. Grants are available for any projects which will help enhance and safeguard the landscape, environment and cultural heritage of the area. Anything that can demonstrate a clear and positive benefit may be eligible for awards from £500 up to £3,000.

The next deadline for applications is Friday 27th November 2020 but there will be plenty of opportunity to apply afterwards as well. In light of the corona virus restrictions any applications to Love Your Landscape will be assessed in a more flexible manner. Please don't let the CV19 restrictions put you off enquiring or making an application. Visit the Westmorland Dales website www.thewestmorlanddales.org.uk for guidance on grant criteria, application forms and contact information. If you are interested and would like to talk through your ideas please contact David Evans at david-evans@fld.org.uk.



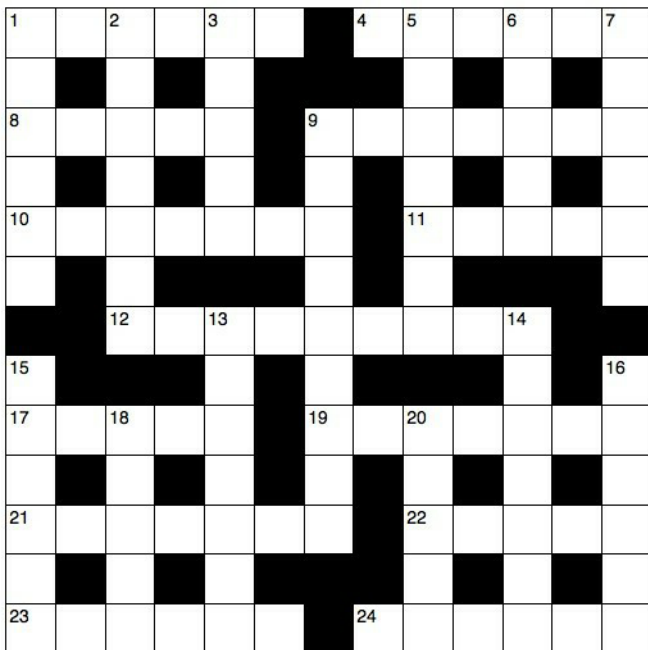
Villages

Long Marton

LMVI is once again open for use; hirers' packs are available via a telephone call to our bookings person, which detail the necessary precautions & risk assessment guidelines. We are looking forward to welcoming the community back into the hall after the extensive gable end repairs undertaken this summer. ☎ 61158



November Crossword



Across

- 1 'The Lord Jesus... took bread, and when He had given — , he broke it' (1 Corinthians 11:24) (6)
- 4 'He has taken me to the banquet hall, and His — over me is love' (Song of Songs 2:4) (6)
- 8 Surrey town that hosts the National Christian Resources Exhibition (5)
- 9 Also known as Abednego (Daniel 1:7) (7)
- 10 Liken (Isaiah 40:18) (7)
- 11 A son of Etam, descendant of Judah (1 Chronicles 4:3) (5)
- 12 A part of the temple where the blood of a young bull was to be smeared (Ezekiel 45:19) (9)
- 17 'They make many promises, take false — and make agreements' (Hosea 10:4) (5)
- 19 Roman province to which Paul returned after evangelizing it on his first missionary journey (Acts 16:6) (7)
- 21 Material used to make baby Moses' basket (Exodus 2:3) (7)
- 22 'And feeble as — , in thee do we trust, nor find thee to fail' (5)
- 23 'The watchman opens the gate for him, and the sheep — to his voice' (John 10:3) (6)
- 24 Stalk carrying the sponge of wine vinegar given to Christ on the cross (John 19:29) (6)

Down

- 1 Elijah dug one round the altar he built on Mount Carmel and filled it with water (1 Kings 18:32) (6)
- 2 'I am not — of the gospel, because it is the power of God for the salvation of everyone who believes' (Romans 1:16) (7)
- 3 Buddhist term relating to belief in reincarnation (5)
- 5 Damascus disciple who, at God's command, restored the sight of the blinded Saul of Tarsus (Acts 9:12) (7)
- 6 and 16 Horses: their sound (Jeremiah 50:11) (5) and their gait (Joel 2:4) (6)
- 7 A three (anag.) (6)
- 9 Athenian council addressed memorably by Paul (Acts 17:22) (9)
- 13 Abide by (Galatians 3:5) (7)
- 14 Persian princes (Daniel 3:2) (7)
- 15 Force (Galatians 6:12) (6)
- 16 See 6 Down (6)
- 18 Paste (anag.) (5)
- 20 How the cedars of Lebanon are described (Isaiah 2:13) (5)



My sheep listen to my voice; I know them, and they follow me.
— JOHN 10:27 NIV

Grandad was babysitting when he heard his little grand-daughter muttering the alphabet over in hushed tones. "What are you doing?" he asked her. "I'm praying," she replied. "I can't think of the right words so I just say all the letters. God will put them together for me 'cos He knows what I'm thinking."



© CHRISTIAN CRACKERS THROUGHOUT THE YEAR by Phil Mason, published by Monarch



* bangs = fringe! Ed.

We Will Remember – 80 years on

This year we've been remembering the Battle of Britain, described by Winston Churchill in August 1940 as '*one of the decisive battles of the war... never in the field of human conflict was so much owed by so many to so few.*' It was a dramatic turning point in the history of the Second World War. The occasions for Remembrance this month will provide us times of gratitude for what was achieved in the darkest moments of war.



However, this year we are very aware of our own struggles with the worldwide Covid-19 pandemic. We face an unseen enemy, but the effects on our lives and society are almost as devastating as world war.

Remembering is not just about focusing on past events. It is also about making present past events, as we give thanks for all that took place. The Battle of Britain was fought by the Few and won in the skies over the Channel. In our battle with the virus, we can call to mind the victory of Jesus: '*Remember Jesus Christ, raised from the dead, descended from David.*' (2 Timothy 2:8). Jesus secured the victory of death by His cross and resurrection, so that we don't need to fear death, but trust in His loving purposes for our lives.

Currently we can't see clearly what the future holds for us; it may be very different from what we might expect. However, we can pray for God's will to be done and that we will play our part, just as each of those airmen did so many years ago.

'They shall grow not old as we that are left grow old: Age shall not weary them, nor the years condemn. At the going down of the sun and in the morning we will remember them.'



Guy Fawkes – an early terrorist

Back in 1605 Guy Fawkes managed to stow a good few barrels of gunpowder under the House of Lords without anybody noticing. He was part of a Roman Catholic plot to murder James 1 of England and his parliament at the state opening. Fortunately, Guy Fawkes was found - and stopped - in time.



The first martyrs – the 'seed' of the Christian Church

The first martyrs of Rome are recorded in the old Roman Martyrology, which states that:

'At Rome, the birthday is celebrated of very many martyrs, who under the Emperor Nero were falsely charged with the burning of the city and by him were ordered to be slain by various kinds of cruel death; some were covered with the skin of wild beasts, and cast to the dogs to be torn asunder; others were crucified, and then when daylight failed used as torches to illuminate the night. All these were disciples of the apostles and the first fruits of the martyrs whom the Holy Roman Church sent to their Lord before the apostles' death.'



All Souls' Day – a time of reckoning with the past

The early Church was slow to dedicate a liturgical day to offering prayers and masses to commemorate the faithful departed. But in time prayers were offered on behalf of dead monks, that they might attain 'the Beatific Vision' through purification, which the Church later described as Purgatory. Odilo, the powerful abbot of Cluny, (d 1049) decreed that All Souls' Day should follow the feast of All Saints' Day.

At least four ancient English dedications are known, the most famous of which are All Souls College, Oxford and the church in Langham Place in London.

In bygone centuries All Souls' Day was certainly uncomfortable for anyone who had wronged a person who had then died. For it was believed that souls in purgatory could appear on earth on this day, in the form of ghosts, witches or toads, to haunt anyone who had wronged them in life.

On a more cheerful note, it was also believed that you could help the dead on this day by almsgiving in cash or in kind. Some of these beliefs seem to have been caught up in the popular customs of Hallowe'en.

When the Reformation came, the Protestants disregarded the idea of Purgatory, and this feast day remained with the Roman Catholic Church.



Leo the Great – Pope who rescued the doctrine of the Incarnation

How do you think of Jesus? As the Lord of lords Or as a human baby soon to be born in November brings the glorious climax of the with the Sunday of Christ the King on 22nd only to begin a new 'year' a week later, with the ways in which the Church speaks of Jesus could not be more dramatically different.



How can Jesus be both God and Man? Trying to get your head around the Incarnation is not easy, and this is a good month to remember Leo the Great (d 461). In the 5th century, he 'rescued' the doctrine of the Incarnation at a time when the Church was really struggling with the onslaught of various attacks.

Leo, a deacon of Tuscan descent, became Pope at a time when Rome was reeling under repeated assault by the barbarians. As well as trying to patch up the material and spiritual damage they had done, Leo faced an even more deadly attack: the Church was being torn apart on the inside. There were various heresies raging, each trying to claim that their view of the person of Christ was the only right one.

Between the barbarians on the outside and the distortions of Manichaeism, Priscillianism, and Pelagianism on the inside, Leo was not in for an easy time. Yet this man of indomitable energy and devotion to duty pressed on. Leo was pope for 20 tumultuous years, but undoubtedly the most important contribution that he made was at a famous church council.

It was the Council of Chalcedon, in 451 – often regarded as a highlight in Christian history. Leo presented a dogmatic letter (or Tome) to the Council. He wrote with remarkable clarity of thought and understanding. Jesus Christ, said Leo, is one Person, the Divine Word. In Jesus the two natures, the divine and the human, are permanently united without confusion or mixture.

When the Council read this document, it was exclaimed: 'Peter has spoken by Leo.' Leo's understanding was seen to encompass all the Bible teaching on the subject of who Jesus was. It became thenceforth part of the official teaching of the Christian Church.



19th November: Hilda - Abbess of Whitby

(Nothing to do with Dracula, but it got your attention, didn't it?)

Hilda played a key role in the early English Christian church, and she may even have been the first to encourage the writing of Christian poetry.



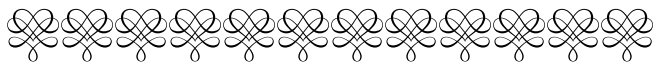
She was born a princess, into the Deiran (Northumbrian) dynasty, and her sister became Queen of the East Angles, with whom the Deiran had connections.

In those days East Anglia had close ties with the Gallic Church, and because of her sister, Hilda came under that influence. She was actually on her way to take her monastic vows near Paris when the Bishop of Lindisfarne, Aidan, called her back to Northumbria.

Back home, she went into seclusion for a time, before being sent to be abbess of a religious house in Hartlepool in 649.

Eight years later, Hilda felt moved to establish a religious community at Streasnaeshalch (later renamed Whitby). Her community was a royal establishment, a double monastery (both men and women) and became famous for its learning, with even five bishops trained there.

Whitby was also, of course, the venue for the famous Synod of Whitby in 664. With Hilda acting as hostess, the Synod met to decide upon the date of Easter. The issue at stake was greater than that, though, for the decision would sway the Church in Britain to adapt either the Celtic or Roman traditions. Although Hilda defended the Celtic church customs, she accepted with grace the decision of the Synod to accept the Roman date for Easter, and she then worked to unite the Church throughout the land.



22nd November: St Cecilia - patron saint of musicians

If you are going to any concerts before Christmas, spare a thought for St Cecilia - the patron saint of musicians.

Cecilia is one of the most famous of the Roman martyrs of the 2nd century. As far as is known, she was born a noble lady of Rome who, despite her vow of virginity, was forced to marry an older pagan nobleman named Valerian. During the wedding, as the musicians played, Cecilia sat apart singing to God in her heart, and for that she was later declared the saint of musicians



When the time came for her marriage to be consummated, Cecilia told Valerian that watching over her was an angel of the Lord, who would punish him if he sexually violated her but would love him if he respected her virginity.

Understandably startled by this, Valerian then asked to see the angel for himself. Cecilia replied that to do so, he must go to the third milestone on the Via Appia and be baptised by the Bishop of Rome. Valerian seems to have been a good-natured husband, because the story goes that he followed her suggestion, was baptised a Christian, and sure enough, saw the angel protecting his wife.

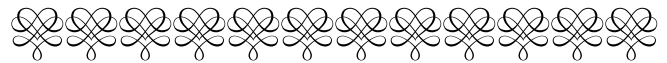
Being a Christian in those days was dangerous, and when the next wave of Roman persecutions began, Valerian and Cecilia were among those arrested. It is said that they died at the hands of the Roman prefect Turcius Almachius, perhaps in Sicily sometime between 176 and 180 AD.

One story goes that Cecilia was struck on the neck with a sword, and as she lay dying, asked that her house be converted into a church. Certainly an early Roman Christian church, Santa Cecilia, was founded in the fourth century in the Trastevere section of Rome, reputedly on the site of the house in which she lived.



In the centuries since then, a number of musical compositions have been dedicated to her, and her feast day has become the occasion for many concerts and musical festivals.

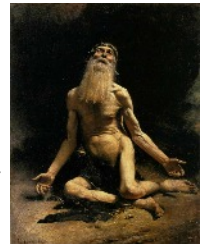
St Cecilia is frequently depicted playing a viola, a small organ, or other musical instrument.



God of the mountains, God of the valleys

This is written by Dr Ruth M Bancewicz, who is Church Engagement Director at The Faraday Institute for Science and Religion in Cambridge. Ruth writes on the positive relationship between Science and Christian faith.

Where were you when I laid the earth's foundation? Tell me, if you understand. Who marked off its dimensions? Surely you know! Who stretched a measuring line across it? On what were its footings set, or who laid its cornerstone ... The earth takes shape like clay under a seal; its features stand out like those of a garment ... Have you journeyed to the springs of the sea or walked in the recesses of the deep?



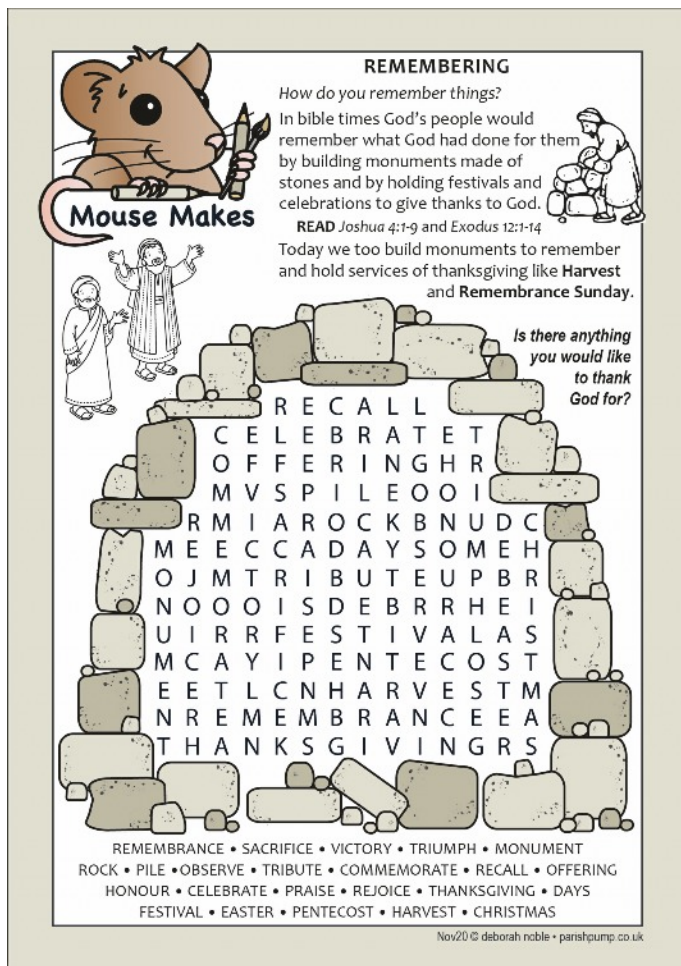
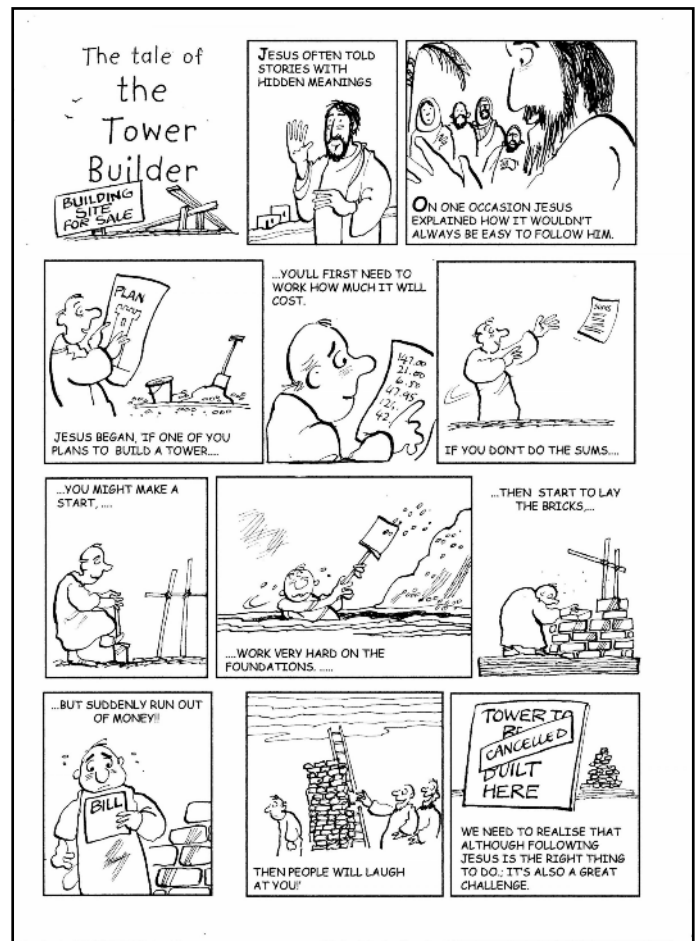
Job 38:4–7, 14, 16 (NIV)

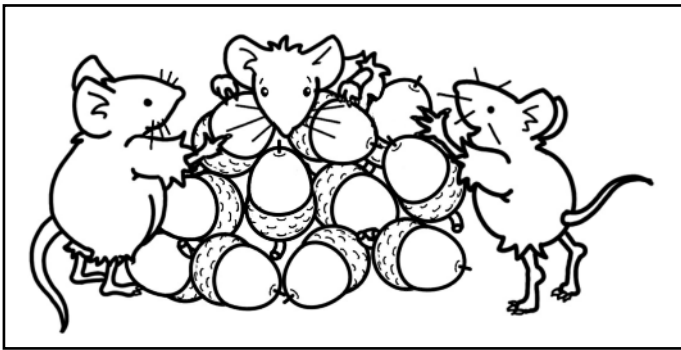
These verses from the biblical book of Job focus on the Earth, from the top of the highest mountains to the deepest valleys of the sea floor. Job used to have a very comfortable life, but lost everything: health, children, and much of his property. He can see no obvious reason for this terrible turn of events, so he demands an answer from God, asking "What have I done to you...? Why have you made me your target?"

There is no direct reply to Job's question, but instead a long conversation with his friends who assume (wrongly) that he must be being punished for doing something very bad. When God finally speaks, He draws Job's attention to his surroundings. The sun, moon and stars, the immensity of land and sea, the creatures that inhabit them, and the processes that produce weather are a wonderful display of God's creative power. God is the origin and sustainer of all these things, and they are far beyond anything



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- ◆ planting schemes



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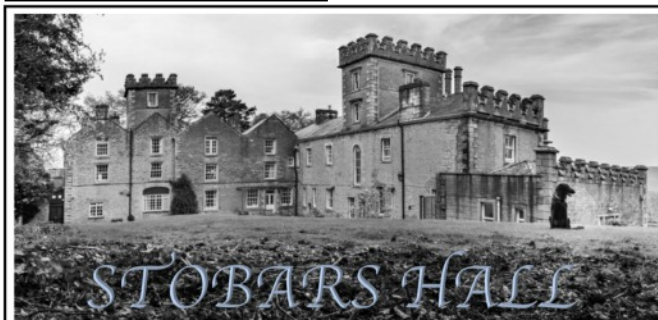

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Church Services November 2020

Heart of Westmorland YouTube Channel Sunday Service Plan

1 November - All Saints' Day

Leader: Andrew Burrell

Revelation 7.9-17; Psalm 34.1-10; 1 John 3.1-3; Matthew 5.1-12

2 November - All Souls' Day

Not clear at time of going to "press"

8 November - Remembrance Sunday

Leader: Rev. Stewart Fyfe

Amos 5.18-24; Psalm 70; 1 Thessalonians 4.13-18; Matthew 25.1-13

15 November - 2 before Advent

Leaders: Revs. Dan and Kristy Pattimore

Zephaniah 1.7, 12-18; Psalm 90.1-8[9-11]12*; 1 Thess.5.1-11; Matthew 25.14-30

22 November - Christ the King

Leader: Rev. Clive Hicks

Ezekiel 34.11-16, 20-24; Psalm 95.1-7; Ephesians 1.15-23; Matthew 25.31-46

29 November - Advent Sunday Family Service

Leaders: Carolyn Fyfe & Rev. Andrew Sterling

Isaiah 64.1-9; Psalm 80.1-8, 18-20*; 1 Corinthians 1.3-9; Mark 13.24-37

Advent Carol Service

Leader: Rev. Stewart Fyfe

To be recorded in Brougham Chapel

Methodist Churches

The Sands, Appleby

each Sunday 10:30am

Dufton with Knock

each Sunday 10:45am

Methodist Church with Baptists at Great Asby Baptists

8th, 15th 22nd & 29th 11:00am

Crosby Garrett

1st, 15th & 22nd 6:30pm (8th US at PC)

Warcop

1st, 8th, 15th & 29th 10:30 (8th 11am, 29th 10:45)

Zoom Connection Service

8th 6:30pm

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Closed until further notice

St. Anne's Hospital (Boroughgate Almshouses)

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Church of England	Sunday 1 st All Saints'	Sunday 8 th Advent -3	Sunday 15 th Advent -2	Sunday 22 nd Christ the King	Sunday 29 th Advent
Appleby, St. Lawrence	10:45 HC	10:45 Remembrance	10:45 HC	10:45 HC	10:45 HC (benefice service)
Asby, St. Peter	15:00 HC (tbc)	10:45 United Remembrance	15:00 EP	11:00 MP	15:00 Advent Service
Dufton, St. Cuthbert		15:00 EP	Wednesdays 14:00 Individual Prayer		
Kirkby Thore, St. Michael		10:30 Remembrance		15:00 HC	
Long Marton, SS Margaret & James	15:00 EP		15:00 HC		
Milburn, St. Cuthbert	10:45 HC		10:45 HC		United, see St. Lawrence above
Murton, St John		16:00 EP			United, see St. Lawrence above
Musgrave, St Theobald		10:00 HC (10:55 United Remembrance)		10:00 HC	
Newbiggin, St Edmond			16:00 HC (provisional)		
Ormside, St James				15:00 DIY	
Temple Sowerby, St. James			10:30 HC		
Warcop, St. Columba	10:45 HC		10:45 HC		United, see St. Lawrence above
ZOOM		Wednesday 18 th : 19:30 Admission of churchwardens			

HC = Holy Communion
EP = Evening Prayer/Evensong
MP = Morning Prayer/Mattins
DIY = Do it Yourself (i.e. lay led)